**St. James’ Church St. Hugh’s Church**

**Vigil 8 p.m. Saturday and Sunday 11 a.m. Sunday 9.30 a.m.**

**Monday to Friday 9.30 a.m. and Saturday 10 a.m. Friday 8 p.m.**

Confessions on Saturday after 10 a.m. Mass, before the Vigil Mass and after Mass in Rahugh Friday evening.

**Adoration of the Blessed Sacrament**

Kilbeggan after 9.30 a.m. Mass on Monday until 12 noon.

Rahugh on Friday from 7 – 9 p.m. with Mass at 8 p.m.

Fr. Brendan, The Parochial House, Harbour Rd. 057 9332155

[info@kilbegganparish.ie](mailto:info@kilbegganparish.ie) [www.kilbegganparish.ie](http://www.kilbegganparish.ie)

**First Sunday of Lent**

***C:\Users\Brendan\Music\Pictures\1KUDO\CONTENT\LIT_L_E\01\LA_01D.TIF*8 p.m. Commitment Mass for Confirmation Classes** **Refreshments in Parish Centre after Mass.**

Dermot and Kate Rowan, Quigganstown

Michael and Ann McMahon

**9.30 a.m.** Ben Wyer

**11 a.m**. Rosaleen Rock

Liam Gorry, Grange

**Wednesday 9.30 a.m**. John Danagher

**Saturday 10 a.m**. Tom and Ellen Gannon

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**Second Sunday of Lent**

**8 p.m.** Jack Carey Ballymachugh Month’s Memory

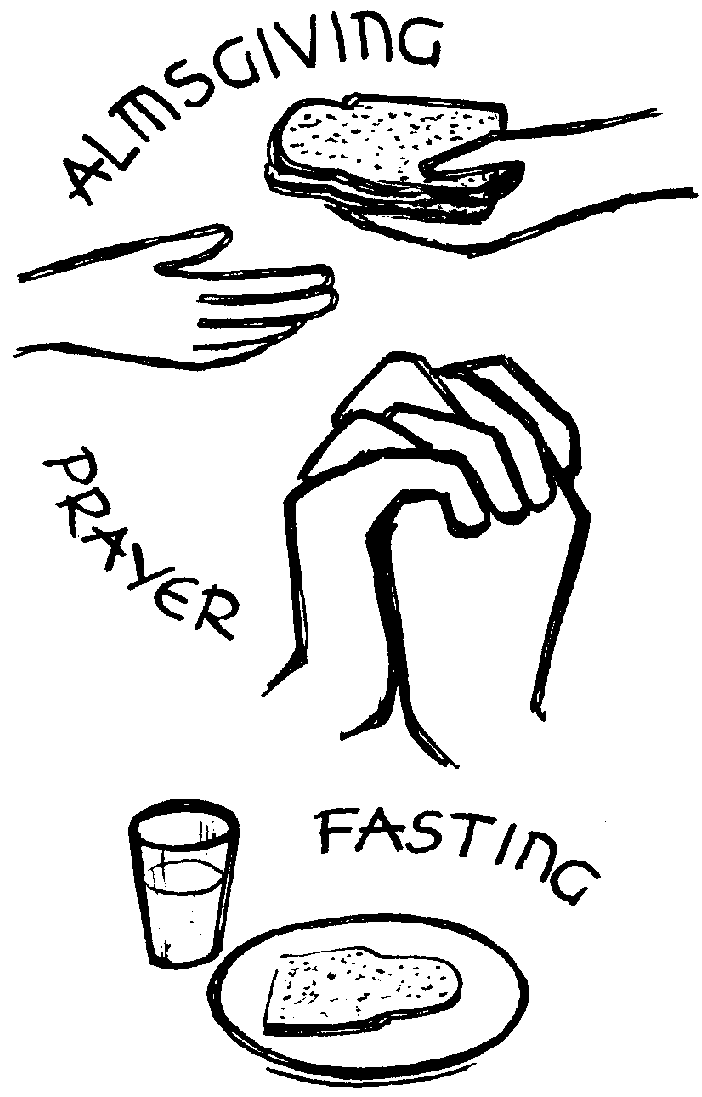
Maree Moran Month’s Memory

Betty and Joe McCormack

**9.30 a.m.**

**11 a.m**

***Lent is a time to turn back to God.*** It is a time when God helps us to grow spiritually. In the Sermon on the Mount Jesus recommended three practices that help us to grow as people; prayer, fasting and giving to those in need. So the Church continues Jesus’ work and asks us to do the same. They form the three areas for Lenten Resolution. These suggestions may help.

**Prayer:** Go to Mass on weekdays as well as Sunday. Have time for personal prayer. Go to Adoration of the Blessed Sacrament. Pray as a family. Read a spiritual book.

**Fasting:** On Ash Wednesday and Good Friday we are obliged to fast and abstain from meat and meat products. All those between the ages of 21 and 69 are asked to take one normal meal and two light meals. All those over 14 are asked to abstain from meat. Giving up something like sweets, sugar, smoking etc, all fit in here.

**Almsgiving:** Giving to Trocaire or charities which help Jesus in need. Feeding the poor is essential.

**First Penance**

The girls and boys receiving First Holy Communion this year will have their First Confession on Wednesday 12th March 7 p.m. in St. James’ Church. Refreshments in Parish Centre after Confessions

**Bingo has moved from the St. James’ Hall to the Kilbeggan Parish** **Centre**. All are welcome to the new environment. If you are a regular I hope you bring a friend of if you would like to come to try out the new Parish Centre you are Welcome.

**Rahugh Drama Group Present “It’s the Real McCoy”** by Tommy Marren in Rahugh Hall on Friday 7th Sat 8th and Sunday 9th March @ 8.30 p.m. sharp. For bookings please contact Patricia 086 3322086 or 0449223776

You can follow the Pope’s Tweets at **TWITTER @PONTIFEX or on** [**www.news.va/e**](http://www.news.va/en)

It is intended to erect a small **War Memorial** around the time of Knighthood Festival remembering people who participated in WW1,as this year is the 100th anniversary of the commencement of the war. I hope to have an exhibition during the festival, related to that period (1914-18)and if anyone had any memorabilia related to that time from cuttings, photos, letters, medals etc I would love to include them and hear from anyone with information

**Kilbeggan Memories DVD** was very successful last year and I would like to do something similar this year.If anyone has any footage, videos, DVD's etc related to the parish we might be able to put a compilation DVD together Contact : Stan McCormack Phone No 0579332683/0877499857 Email [florandstan@eircom.net](mailto:florandstan@eircom.net)

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| **SCOIL AODHA NAOFA** | | | |
| Rahugh, Kilbeggan, Co. Westmeath. | | | |
| Tel / Fax : (044) 9223584 | | | |
| **Centrally located between Kilbeggan, Tyrrellspass and Tullamore** | | | |
| *Spacious country school in a picturesque rural setting* | | | |
| *Newly refurbished classrooms* | | |  |
| *Extensive playground facilities* | | |  |
| *Small class sizes with individual attention given by skilled and experienced teachers* | | | |
| *Nurturing the talents of all pupils* | | |  |
| *Access to community hall for school concerts, dance and gymnastics* | | | |
|  |  |  |
| Enrolments accepted from 7th March 2014. | | | |
|  |  |  |
| [Contact Annette (principal) at (044) 9223584 or email us at rahughschool@eircom.net](mailto:rahughschool@eircom.net) | | | |

**Yogalates classes commencing Wed 12th March in Our Lady of Lourdes Room, Kilbeggan Parish Centre** at 8pm.  Yogalates is a blend of Yoga and Pilates, it will increase your flexibility, strength and balance. It finishes with a short relaxation/meditation phase.  The music will lift and inspire you.  Suitable for all ages and fitness levels. Contact Caroline at 087 23 11 205

**Plate:   €1,167,   Shrine:   €604,. Thanks to all those who are so generous**