



God's People Our Parish

KILBEGGAN: Saturday Vigil 7.30p.m. & Sunday 11a.m.

Monday, Tuesday, Thursday & Friday 9.30a.m.

Wednesday 7.30p.m. & Saturday 10a.m

Confessions - Saturday 10.30a.m. - 11.30a.m.

RAHUGH: Sunday 9.30a.m. & Friday 7.30p.m.

Fr. Brendan Corrigan: 087 2618353

Email: brendanfcorrigan@gmail.com

Website and Webcam: <https://www.kilbegganparish.ie>

Fifteenth Sunday in Ordinary Time

7.30 p.m.

9.30 a.m. Vincent Abbott

11 a.m.

Sixteenth Sunday in Ordinary Time

7.30 p.m.

9.30 a.m. Tom and John Joe Phelan and deceased family members.

11 a.m. Joseph and Bridget Hogan

Moll. T. Carey, Anniversary Mass.

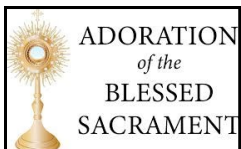
Please pray for the repose of the soul of Dawid (David) Kluz, Loughnagore, who died during the week. May he rest in peace.



Plate: €1,220; Maintenance Fund: €645; Patron Offerings: €60. Thanks to all who are so generous.

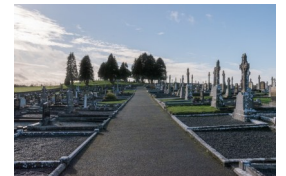
Catholic Newspaper on sale at the entrance for €3 per copy.

The Irish Catholic



Adoration of the Blessed Sacrament every **Wednesday** evening from 6.30 p.m. until **Mass time at 7.30 p.m.** There is also Adoration of the Blessed Sacrament on **Monday mornings from 10 -11 a.m.** and in **Rahugh on Fridays 7—8.30 p.m.** with **Mass included at 7.30 p.m.**

Cemetery Sunday Devotions are at **3pm on 27th July**, the last Sunday of July.



Suck it up or offer it up!

Often people say when things go wrong, "Just Suck it Up" in other words just endure it. The Christian response to difficulties in life is "Offer it Up". St Francis De Salles gives this advice:

"Learn from me; for I am gentle and humble in heart" (Mt 11:29). Even in the most simple and ordinary things, he said, we can "steal" the Lord's heart. "Those who would serve him acceptably must give heed not only to lofty and important matters, but to things mean and little, since by both alike we may win his heart and love... I mean the acts of daily forbearance, the headache, the toothache, the heavy cold; the tiresome peculiarities of a husband or wife, the broken glass, the loss of a ring, a handkerchief, a glove; the sneer of a neighbour; the effort of going to bed early in order to rise early for prayer or communion, the little shyness some people feel in openly performing religious duties... Be sure that all these sufferings, small as they are, if accepted lovingly, are most pleasing to God's goodness".

Names given to the Sacrament of the Eucharist — taken from The Catechism of the Catholic Church

1329 **The Lord's Supper**, because of its connection with the supper which the Lord took with his disciples on the eve of his Passion and because it anticipates the wedding feast of the Lamb in the heavenly Jerusalem.

The Breaking of Bread, because Jesus used this rite, part of a Jewish meal when as master of the table he blessed and distributed the bread, above all at the Last Supper. It is by this action that his disciples will recognize him after his Resurrection, and it is this expression that the first Christians will use to designate their Eucharistic assemblies; by doing so they signified that all who eat the one broken bread, Christ, enter into communion with him and form but one body in him.

The Eucharistic assembly (synaxis), because the Eucharist is celebrated amid the assembly of the faithful, the visible expression of the Church.

The memorial of the Lord's Passion and Resurrection.

The Holy Sacrifice, because it makes present the one sacrifice of Christ the Saviour and includes the Church's offering. the terms holy sacrifice of the Mass, "sacrifice of praise," spiritual sacrifice, pure and holy sacrifice are also used, since it completes and surpasses all the sacrifices of the Old Covenant.

The Holy and Divine Liturgy, because the Church's whole liturgy finds its centre and most intense expression in the celebration of this sacrament; in the same sense we also call its celebration the Sacred Mysteries. We speak of the **Most Blessed Sacrament** because it is the Sacrament of sacraments. the Eucharistic species reserved in the tabernacle are designated by this same name.

Holy Communion, because by this sacrament we unite ourselves to Christ, who makes us sharers in his Body and Blood to form a single body. We also call it: the holy things (ta hagia; sancta) - the first meaning of the phrase "communion of saints" In the Apostles' Creed - the bread of angels, bread from heaven, medicine of immortality, viaticum....

Holy Mass (Missa), because the liturgy in which the mystery of salvation is accomplished concludes with the sending forth (missio) of the faithful, so that they may fulfil God's will in their daily lives.

The Eucharist is "the source and summit of the Christian life.



Praise of God (Attributed to St. Francis of Assisi)

You are holy, Lord, the only God,
and Your deeds are wonderful.

You are strong.

You are great.

You are the Most High.

You are Almighty.

You, Holy Father are King of heaven and earth.

You are Three and One, Lord God, all Good.

You are Good, all Good, supreme Good,
Lord God, living and true.

You are love. You are wisdom.

You are humility. You are endurance.

You are rest. You are peace.

You are joy and gladness.

You are justice and moderation.

You are all our riches, and You suffice for us.

You are beauty.

You are gentleness.

You are our protector.

You are our guardian and defender.

You are our courage. You are our haven and our hope.

You are our faith, our great consolation.

You are our eternal life, Great and Wonderful Lord,
God Almighty, Merciful Saviour. **Amen**

Parish Charity Shop We have a wide selection of high quality clothing, household goods and Bric-a-brac. **Open Monday to Friday, 10 a.m. to 5 p.m.**
Thanks to all who support the shop.

