

God's People Our Parish

St. James and St Hugh, Kilbeggan and Rahugh

Saturday Vigil 7.30 p.m. Kilbeggan Sunday 9.30 a.m. Rahugh and 11 a.m. Kilbeggan

Monday to Friday 9.30 a.m. Saturday 10 a.m. Friday 7.30 p.m. Rahugh

Fr. Brendan, Harbour Rd. 057 9332155 087 2618353

Confessions Saturday 10.30 a.m. - 11.30 a.m.

brendanfcorrigan@gmail.com

<https://www.kilbegganparish.ie>

Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

Mt. 11: 28-30



Make love your aim

1 Cor 14:1

Seventh Sunday in Ordinary Time

7.30 p.m. Maree Moran, Anniversary

Paddy Ryan, Moate Rd.

Carton Family, Comagh Rd.

9.30 a.m.

11 a.m. Michael Feeney, Months Memory
Joe and Deirdre Ennis



Ash Wednesday
Masses 9.30 a.m. and
7.30 p.m. Rahugh

Blessing and distribution of ashes at both Masses

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence. Fri-

days during Lent are days of abstinence from meat.

The norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Catholic Church from age 14 onwards.

Examples of what we could do for Lent:

Abstaining from meat or some other food;
Abstaining from alcoholic drink or smoking;
Making a special effort at involvement in family prayer;
Making a special effort to participate in daily Mass; Visiting the Blessed Sacra-



ment; Making the Stations of the Cross each week;

Read a piece of Scripture each day.

Fasting from all food for a longer period than usual and perhaps giving what is saved to the needy.

Helping the poor, sick, old, or lonely.

Saying the Rosary each day.

Prepare to make a sincere and humble Confessions of sins in the Sacrament of Reconciliation during Lent.

Reducing T.V. or Media time.

Read a spiritual book.

Why fast in lent?

"Fasting weakens our tendency to violence; it disarms us and becomes an important opportunity for growth. On the one hand, it allows us to experience what the destitute and the starving have to endure. On the other hand, it expresses our own spiritual hunger and thirst for life in God. Fasting wakes us up. It makes us more attentive to God and our neighbour. It revives our desire to obey God, who alone is capable of satisfying our hunger." Pope Francis



First Sunday of Lent

7.30 p.m. Sean Daly, Cornaher, 1st Anniversary

Jean Landers

Arthur and Ellen O'Rourke and deceased members of the Bracken family, Ballard, and the O'Rourke family, Ballinderry, and Joseph Kenny

9.30 a.m.

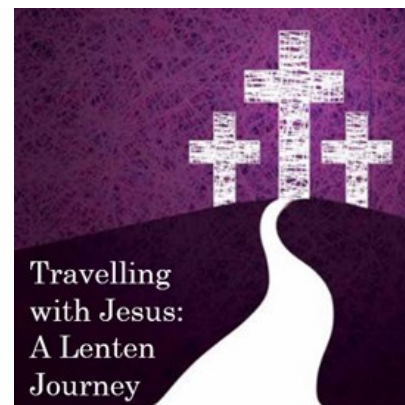
11 a.m. Morgan McNamara, Anniversary

PJ Smith, Josephine and Pat Smith and son-in-law Padraig Egan

Joe and Eileen O'Connor

Michael and Rose Snow

Plate: €1,125; Renovation Fund: €185; Offerings: €50. Thanks to all who are so generous.



Confessions available 10.30 a.m. — 11.30 a.m. on Saturdays.

Adoration of the Blessed Sacrament

Monday 10 a.m. — 11 a.m. in Kilbeggan

Friday 7 p.m. — 9 p.m. in Rahugh with Mass at 7.30pm



Pope Francis' Intention for February 2023 — For Parishes:

We pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need.



Script from Pope's Worldwide Prayer Network video for February 2023:

'Sometimes I think that we should put a sign on the door of parishes that says, "Free admission."

Parishes should be close-knit communities, without bureaucracy, people-centred — a place where the gift of the sacraments can be found.

They have to become once again schools of service and generosity, with their doors always open to those who are excluded. And to those included. To all.

Parishes are not a club for the few, which give a certain kind of social belonging.

Please, let us be daring.

Let us all rethink the style of our parochial communities.

Let us pray that parishes, placing communion — communion of people, ecclesial communion — at the center, may increasingly become communities of faith, of fraternity and of welcoming the most in need.'



Parish Charity Shop

We have a wide selection of clothing, household goods and bric-a-brac.

Open Tuesday to Saturday

10 a.m.—5 p.m.



The Parish Pastoral Assembly meeting is on Tuesday 21st February

@ 7.30 p.m. in the Parish Centre.